

**Nutrition Education Goal 2**

<b>GOAL 2:</b> Nutrition education shall be age-appropriate and reflect the diversity within the school environment.	
<b>Objective 1:</b> The District will provide nutrition education resources to be integrated into all appropriate subject areas.	
<b>Action Steps</b>	<b>Methods for Measuring Implementation</b>
<ul style="list-style-type: none"> <li>Evaluate Pre-Campus Wellness Surveys to identify how nutritional education is being taught to students.</li> <li>Evaluate Pre-Campus Wellness Surveys to identify what programs are currently utilized.</li> <li>Elementary Health Curriculum will include an age-appropriate curriculum unit on nutrition that will be taught in the classroom.</li> <li>All 7<sup>th</sup> Grade health classes will include an age-appropriate curriculum unit on nutrition.</li> <li>All High School Health classes will include an age-appropriate curriculum unit on nutrition.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>Current lesson plans</li> <li>Annual Campus Wellness Committee Report</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>Volunteer and partnership agreements</li> <li>Access to agricultural partners</li> <li>Lesson plans</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>Staff attrition</li> </ul>
<b>Objective 2:</b> The campus will provide nutrition education that reflect the cultural diversity of students as defined by differences in socio-economic status, accessibility, religion, ethnicity and cultural norms.	
<b>Action Steps</b>	<b>Methods for Measuring Implementation</b>
<ul style="list-style-type: none"> <li>Evaluate Pre-Campus Wellness Survey to identify what nutritional education programs are currently utilized on the campus to identify what resources a campus needs to make nutrition education on their campus developmentally appropriate and culturally relevant for their students.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>Current Lesson Plans</li> <li>Annual Campus Wellness Committee Report</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>Volunteer and partnership agreements</li> <li>Access to agricultural partners</li> <li>Lesson Plans</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>Connections with local/area school agricultural programs</li> </ul>

	<ul style="list-style-type: none"><li>• Staff attrition</li></ul>
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